

# Blessed Beginnings Enrichment Program

September 12 through October 28

**Classes will meet from 11:45 to 12:30**



## Monday- Little Learner's Yoga **(No class September 10)**

Yoga provides children with strength, flexibility and balance. This class will build on the mind and body connection. Children will stretch their way through this 45 minute class. Please have children wear comfortable clothing.

Class cost is \$48.00.

## Tuesday- Tasty Tales (literature and cooking)

All these stories have one thing in common- FOOD! These tales will tempt a child's taste buds. Yum! These tales will keep the kids hungry for more.

Class cost is \$55.00.



## Wednesday- Little Picasso's

Children will enhance their vocabulary, fine motor, and handwriting skills while learning fundamental art concepts in a fun and unique way. Please send a paint shirt or have your child wear play clothes for this class.

Class cost is \$55.00.



## Thursday- Sign Language

Through music and songs children will be challenged to learn sign language in a fun and interactive way. Teachers will use music and books to teach basic signs as a way to communicate without words.

Class cost is \$55.00.



## Friday- Rolling-In Dough **(No classes October 21 or 28)**

(all types of dough both edible and inedible)

In this class children will mix, stretch, cut, paint, and eat all types of dough. The beauty of dough is that there really is no right or wrong – it is simply all about discovery, exploration, sensory, creativity, and play.

Class cost is \$40.00.

SESSION 2: Oct 31-Dec 16 (7 weeks)

(No Class Thanksgiving 11/24-11/25)

**Classes will meet from 11:45 to 12:30.**

Monday- Make it Move

Tuesday- Super Science

Wednesday- Little Chefs

Thursday- Wet and Messy (water exploration)

Friday- Spanish

**Class Descriptions:**

**Little Learner's Yoga:** Yoga provides children with strength, flexibility and balance. This class will build on the mind and body connection. Children will stretch their way through this 45 minute class. Please have children wear comfortable clothing.

**Super Science:** What happens when you mix glue and liquid starch? Can you paint with a rainbow? Preschool children are naturally curious. In this class we will take a child's natural curiosity and turn it into super science experiments.

**Tasty Tales** (literature and cooking): All these stories have one thing in common- FOOD! These tales will tempt a child's taste buds. Yum! These tales will keep the kids hungry for more.

**Little Picasso's:** Children will enhance their vocabulary, fine motor, and handwriting skills while learning fundamental art concepts in a fun and unique way. Please send a paint shirt or have your child wear play clothes for this class.

**Sign Language:** Through music and songs children will be challenged to learn sign language in a fun and interactive way. Teachers will use music to teach basic signs as a way to communicate without words.

**Rolling in Dough** (all types of dough both edible and inedible)- In this class children will mix, stretch, cut, paint, and eat all types of dough. The beauty of dough is that there really is no right or wrong – it is simply all about discovery, exploration, sensory, creativity, and play.

**Little Chefs-** Children will learn basic cooking skills while enhancing many academic skills such as; math, science, social studies, nutrition, art and reading. The class will tempt children to try new foods and assist in creating healthy eating habits.

**Wet and Messy** (water exploration)- Children will be allowed to get messy. Children will be given an opportunity to explore, experiment, observe, and manipulate the different forms of H<sub>2</sub>O. Please make sure that children have a change of clothes in their backpacks.

**Make it Move-** Do things only move if they have wheels? In this class we will explore what makes things go. We will talk about wind, water, motors, and more.

Tasty Tales- Stone Soup (soup), Chicken Little (bread), Green eggs and ham(green eggs and ham), spaghetti with a chance of meatballs (spaghetti), Paul Bunyon (pancakes), the very hungry caterpillar (cake),